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NEWSLETTER TERM 3 WEEK 10 25th September 2020

FROM THE ADMIN TEAM – Clare Roser, Kate Fleay and Morgan Dezotti-Hartnup

Today is the final day of Term 3 and what a term it has been!

Year 4 Camp, NAIDOC breakfast, Dance, Literacy and Numeracy Week, Book Fair, Albany Concert Band visit and an Athletics Carnivals have kept the students busy and entertained. Our Year 9 and 10 students sat OLNA, we should receive the Year 9 results next week and Year 10 results closer to report time.

Colour Run

The Kindy children took part in their colour run activity on Thursday. As they climbed, tip-toed and ran around their obstacle course; they were squirted and splashed with coloured powder. There were also a number of very colourful staff members who must have been caught in the cross-fire! The PP-Year 10 students participated in a staggered colour run on Friday afternoon. We would like to thank Mrs Eyres & Mrs Fleay for all the hard work they have put into getting this organised and to all of the families and friends for your sponsorship. The students have raised a huge amount in a short time and this will go towards the secondary camps and additional play equipment around the school.

Pupil Free Day Term 4

Just a reminder that students **WILL BE** returning on the first Monday of next term, 12th October. Our Pupil Free Day is on Monday 16th November, for Term 4.

Thank You

Our Athletics Carnival was held over 2 days and a great deal of positive feedback has been received, from those who were able to attend. It was great to see so many parents and visitors enjoying the sunshine and supporting our students. I would like to thank Ms Naisbitt, staff and the team of volunteers, for making this event run so smoothly.

Kojonup Youth Advisory Centre

The Shire of Kojonup are looking to work with the young people in town to become actively involved in the development of Kojonup for youth. They are encouraging all young people to have a say and come along to a 'brainstorming session' on Tuesday 13th October, at the RSL Hall. The meeting will start at 3pm; so bring your thinking cap, notebook and pen and a water bottle and get involved!

Parents are welcome to attend with their child, contact Elaine Venn at the shire for more information.

Term 4 Parent Afternoon/Orientation Days

Early next term, we will put out dates for our Kindy and Year 7 orientation days. We will also hold an open afternoon for prospective families to tour the school and have a Q & A with the admin afterwards.

Magpies

Magpies breed between August and October and at least 2-3 ha of territory is needed for pairs to successfully raise young. They swoop to protect young and eggs from potential predators during nesting season. They rely largely on intimidation to deter human intruders by flying low and fast, often clacking their bill as they pass.

The following steps can be followed to avoid or reduce the impact of swooping magpies:

- Never deliberately provoke or disturb a magpie. Throwing sticks or stones usually makes them more defensive. Magpies have good memories and they may continuously swoop a potential aggressor.
- Avoid areas where magpies are known to swoop. Magpie hostility usually only lasts a couple of weeks and they usually only defend an area of 100m radius around their nest.
- Don't crouch or stop if swooped, move on quickly but don't run.
- If you are riding a bike, wear a helmet.
- Adopt a confident stance as this can act as a deterrent.

Remember, magpies are just trying to defend their young.

Have a safe and enjoyable holiday.

FROM THE SCHOOL NURSE – Annie Hornby

Hello Families,

I thought I would touch base on BURNS first aid, and how crucial It is to treat burns immediately. Wishing you all a happy and safe holiday, and I look forward to seeing everyone back in Term 4.

Burns first aid

Immediate first aid can make a difference to the burn victim's treatment. First aid can be effective for up to 3 hours after the burn. Proper first aid can reduce the size and ultimate depth of the burn injury.

As with any first aid, it is important that you do not help unless you know it is safe. Be careful of any remaining burning material.

Stop the burning process

Cool the burn with cool running water for a minimum of 20 minutes. Do not use ice.

Remove clothing from around the burn

Cut around clothing if required, and remove jewellery if it is interfering with breathing or circulation. Do not try to remove clothing or anything else which is stuck to the burnt skin.

Keep the patient warm

Wrap the patient's unburnt areas in a blanket or jacket to prevent heat loss.

Some people may go into shock. Stop cooling the burn if the person becomes very cold and shivers.

Get medical help

Always dial triple zero (000) to call an ambulance in a medical emergency.

Get urgent medical help if:

- the burn is deep, even if patient does not feel any pain
- the burn is larger than a 20 cent piece
- the burn involves airway, face, hands or genitals
- you are not sure how severe the burn is.

Where to get help

- For emergency or life-threatening conditions, visit an emergency department or dial triple zero (000) to call an ambulance
- See your doctor
- Visit a GP after hours
- Visit healthdirect (external site) or call 1800 022 222

MERIT AWARD WINNERS – 18th September



Ashlyn EvansEbdMax LadymanJarChris FergusonCodFletcher CliftonGylTiah CrabbCalSophie JefferiesKatAmy WilliamsSarMia DraperPatKameka Potaka-Osborne

Ebony Levis James Webb Cody Ferguson Gypsee Maunder Cahter Ferguson Kataraina Watene Sam Waldron Patrick Crapella Georgia Schinzig Samarra Somerville Miah Cox Grayson Hunter Jerome Weazel Travis Goodall Broughton Collins



AUSSIE OF THE MONTH Connor Waldron Dustin Michael

Dustin Michael Gabby Sanchez

PBS (Positive Behaviour Support)

Our PBS focus for the last fortnight within the school was "start work straight away", this falls under the HAVE PRIDE expectation and was very pleasing to see the students following the PBS focus. Stay tuned for next term's focused expectations. You might see a few you could utilise at home.

PBS Team Purpose Statement;

Our Purpose is to create and promote a transparent, consistent and fair environment, where staff and students demonstrate positive behaviour.

PBS YELLOW TICKET ACHIEVEMENTS

Olivia Ashton	Fred Bilney	25 Yellow Tickets Jacob Reid	Zayn Reid	Imogen Pape
Jarvis Robinson	Britney Donaldson	50 Yellow Tickets Cody Ferguson	Georgia Holland	Jaxon Somerville
Tapihana Henderson Carissa Daw	Tyler Milne Dexter Lowe	75 Yellow Tickets Henry Hornby Ashlyn Evans	Adahna Wells	Brooke Milne
	KDH	IS SCHOOL EXPECTA	TIONS	
		FOLLOW INSTRUCT		
		BESAL		

COLOUR RUN

Thanks to everyone who has donated so far and supported the students in this year's Colour Fun Run. So far we have raised \$5833.00 to go towards the High School camps next term and also new playground equipment for the whole school to enjoy. Students are still able to continue to fundraise, donations are accepted till 25th October 2020. Look out for some fun and colourful photos in the next newsletter.

TENNIS COACHING

It is that time of year again to sign up your child/ren for term 4 tennis coaching. Details are on the Kojonup Tennis Club facebook page or you can contact Jahna via email, jahna@sandale.com.au



ATHLETICS CARNIVAL

On the 21st and 22nd of September, Kojonup District High School enjoyed two great days of sporting excellence and participation from the students. This year saw new records being set, determination and competitiveness present in every event. Thank you to all the students who gave it their all on both days. A big thank you to the parent/teacher helpers who ran the events and took down results. I look forward to taking some of the amazing talent to the interschool carnival on Friday 30th of October in Term 4.

Melanie Naisbitt

HERCULES 1406.50 AQUILA 1396.50 **PHOENIX 1003**





Congratulations to Hercules on winning the carnival, to all our Champion and Runner Up winners and to our record breakers this year.

New Records

7 year old Long Jump – Fletcher Clifton with a jump of 2.71m, old record was 2.55m. 8 year old Turbo Javelin - Cody Ferguson with a throw of 15.61m, old record was 15.24m.

Also the students this year broke a record with 56.12 seconds, in the students, parents and teachers race. The previous record was the parents with 56.52 seconds. Well done to the students who ran that race.

Champion

7 Year Girl 7 Year Boy 8 Year Girl 8 Year Boy 9 Year Girl 9 Year Boy 10 Year Girl 10 Year Boy 11 Year Girl 11 Year Boy 12 Year Girl 12 Year Boy 13 Year Girl 13 Year Boy 14 Year Girl
13 Year Boy

Zoe Milne Fletcher Clifton Tess Webb Houston Clarke Brooke Milne William Fleay Eloise Plowman Jayden Jones Imogen Ladyman-Palmer Ethan Retallack Pippa Radford Joshua Sanders Jayda Weazel **Blake Simons** Danielle Evans **Brodie Hills** Mikaela Gibbons **Broughton Collins**

Participation Award - Zander Chesson



Miah Cox Marcus Gregory **Britney Donaldson** Cody Ferguson Sophie Zacher Sam Waldron Caitlin Thomas Mitchell Hills Samantha Malady Harry Hart Ashlyn Evans Cooper Watson Sofia Tunui Todd Gibbons Libby Hardingham

Olivia Draper Ashton Morrison-Gianatti



1500m Winners



Champion: Jayden Jones Runner-Up: Brodie Hills



Champion: Eloise Plowman Runner-Up: Charli Fleay

ATHLETIC CARNIVAL WINNERS



Zoe Milne & Miah Cox



Brooke Milne & Sophie Zacher



Imogen Ladyman-Palmer & Samantha Malady



Sofia Tunui & Jayda Weazel



Mikaela Gibbons



Fletcher Clifton & Marcus Gregory



Will Fleay & Sam Waldron



Tess Webb & Britney Donaldson



Caitlin Thomas & Eloise Plowman



Cody Ferguson & Houston Clake



Mitchell Hills & Jayden Jones



Cooper Watson & Joshua Sanders



Brodie Hills



Broughton Collins & Ashton Morrison-Gianatti



Pippa Radford &

Libby Hardingham



Winner Student Team Jayda, Ashton, Broughton & Mikaela



Ethan Retallack & Harry Hart



Blake Simons &



TREASURE HUNT

The Treasure Hunter program (dependent on student numbers) is set to commence on Tuesday lunchtimes from Week 2 until Week 8 of Term 4, for interested Year 1-6 students. If you would like your child/children to participate in the program, please complete the attached permission slip and return to school by the end of Week 1.



Dear Parent/Guardian

We invite your child to participate in the Treasure Hunters program that the school now offers in partnership with YouthCARE. Treasure Hunters support WA school communities through programs that develop life skills in students. Trained volunteers teach values and beliefs through Bible stories, games, activities, drama and music.

Volunteers are trained to be respectful of every child from every background as they explore integrity, values, and character. The sessions run weekly and the time and place will be confirmed closer to the commencement date.

If you would like your child to come and find out more, please indicate your preference below and return the signed form to us.

PERMISSION SLIP

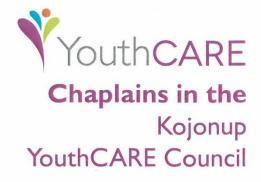
Name of child



Name of parent/guardian				
Signature				
Yes	No No	I would like more info		
Comments				



Brent Findlay Area Chaplain





Vicki Webb Kojonup District Council



Phillip Goodall Principal's Chaplain

www.youthcare.org.au

The Magic Coat for Kids proudly presents:

Di Wilcox's Unique Parent and Child Workshops -

Helping Your Child to Deal

with Worry and Anxiety



In this interactive 90-minute workshop you and your child will learn how to recognize what worries your child has and how to deal with these in a simple and effective way, whilst learning:

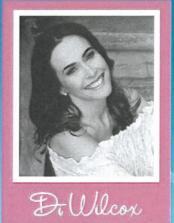
- What is worry and anxiety
- How to use a Worry Ladder to help your child manage everything that is going on in their mind
- How to put worries into perspective
- How to manage panic attacks

Children will be introduced to The Magic Coat and taught how the different characters that live inside the pocket can help them with their anxiety, on a day to day basis.

This workshop provides tools of communication to both create a strong bond between parent & child and build your child's self-confidence.

Suitable for children ages approximately 6-12 years and may also suit older children.

Presented by:



Kojonup or contract, mary charge Date: Monday 19th October 2020 Time: 4.00pm to 5.30pm Venue: Kojonup Sporting Complex Benn Parade, Kojonup WA Ticket Price: FREE

Booking Link: <u>https://www.trybooking.com/BLCXQ</u> Sausage Sizzle available for purchase from 5.30pm onwards

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